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CLINICAL SCIENCE

Guidance for Authors

CONTENTS

	<i>page</i>
1. Policy of the Journal	
1.1. Scope	i
1.2. The Editorial Board	i
1.3. The editorial process	i
1.4. Ethics of investigations on human subjects	ii
1.5. Originality of papers	ii
2. Submission of Manuscripts: General Information and Format	
2.1. General	ii
2.2. Full papers	ii
2.3. Short Communications	iii
2.4. Correspondence	iii
2.5. Arrangements for large amounts of information	iii
2.6. Proof corrections	iii
2.7. Offprints.	iii
2.8. Availability on MEDLINE	iii
3. Miscellaneous Notes	
3.1. Abbreviations	iv
3.2. Anatomical nomenclature	iv
3.3. Animals, plants and micro-organisms	iv
3.4. Buffers and salts	iv
3.5. Computer modelling	vi
3.6. Doses	iv
3.7. Enzymes	iv
3.8. Evaluation of measurement procedures	iv
3.9. Figures and Tables	iv
3.10. Footnotes	v
3.11. Isotope measurements	v
3.12. Radionuclide applications in man	v
3.13. Methods	v
3.14. Nomenclature of disease	v
3.15. Powers in Tables and Figures	v
3.16. References	v
3.17. Solutions	vi
3.18. Spectrophotometric data	vi
3.19. Spelling	vi
3.20. Statistics	vi
3.21. Trade names	vi
4. Units: The SI System	vi
5. Abbreviations, Conventions etc.	vii

1. POLICY OF THE JOURNAL

1.1. *Scope*

Clinical Science publishes papers in the field of clinical investigation, provided they are of a suitable standard and contribute to the advancement of knowledge in this field. The term 'clinical investigation' is used in its broad sense to include studies in animals and the whole range of biochemical, physiological, immunological and other approaches that may have relevance to disease in man. Studies which are confined to normal subjects, or animals, or are purely methodological in nature may be acceptable. The material presented should permit conclusions to be drawn and should not be only of a preliminary nature. The journal publishes four types of manuscript, namely invited Editorial Reviews, Full Papers, Short Communications and Correspondence. In addition, *Clinical Science* publishes abstracts of the proceedings of the Medical Research Society and also that Society's Annual Guest Lecture.

1.2. *The Editorial Board*

The Board comprises Editors for the Medical Research Society and the Biochemical Society and a Chairman and Deputy Chairman who are drawn alternately from the two Societies. Members of the Board retire after a maximum of 5 years; the Chairman serves in his capacity for 2 years. The membership of the Board is designed to cover as wide a range of interests as possible.

The main function of the Board is to decide on the acceptability of submitted papers, but it also deals with general matters of editorial policy. Financial policy is dealt with separately by the Committee of Management.

1.3. *The editorial process*

A submitted paper is first read by the Chairman of the Editorial Board who then sends it to an Editor. The latter considers the paper in detail and sends it to one or more referees (who remain anonymous) from outside the membership of the Board. The Editor returns it with his recommendation to the Chairman who then writes formally to the authors. The ultimate responsibility of acceptance for publication lies with the Chairman. If the

Chairman is for any reason unavailable, the Deputy Chairman assumes this function.

1.4. *Ethics of investigations on human subjects*

Authors must state in the text of their paper the manner in which they have complied, where necessary, with the recommendations on human investigations published in the Medical Research Council report of 1962/63 [*British Medical Journal* (1964) ii, 178–180]. Consent **must** be obtained from each patient or subject after full explanation of the purpose, nature and risks of all procedures used and the fact that such consent has been given should be recorded in the paper. Papers should also state that the Ethical Committee of the Institution in which the work was performed has given approval to the protocol. The Editorial Board will not accept papers the ethical aspects of which are, in the Board's opinion, open to doubt.

1.5. *Originality of papers*

Submission of a paper to the Editorial Board is taken to imply that it reports work that has not been published in either the same or a substantially similar form, that it is not under consideration for publication elsewhere and that, if accepted for publication by *Clinical Science*, it will not be published elsewhere in the same form, either in English or in any other language, without the consent of the Editorial Board. This does not usually apply to previous publication of oral communications in brief abstract form. In such cases authors should enclose copies of the abstracts. The author, or in the case of multiple authorship the authors, will be asked to sign a statement vesting the copyright in the publishers. Requests for consent for reproduction of material published in *Clinical Science* should be addressed to the Editorial Manager.

2. SUBMISSION OF MANUSCRIPTS: GENERAL INFORMATION AND FORMAT

2.1. *General*

Papers submitted for publication should be sent to the Editorial Manager, *Clinical Science*, 7 Warwick Court, London WC1R 5DP.

The submission should contain four copies (of which three may be photocopies) of the typescript, Tables, Figures etc. The authors should retain one copy of the paper. The Editorial Board does not accept responsibility for damage or loss of papers submitted, although great care is taken to ensure safety and confidentiality of the typescript during

the editorial process. In the case of multiple authorship, the covering letter should indicate that the approval of all co-authors has been obtained.

Papers should be presented so that they are intelligible to the non-specialist reader of the journal. This is particularly important in highly specialized fields and a very brief résumé of the current state of knowledge is usually helpful. Certain types of material, e.g. mathematical formulations requiring more than trivial derivations, should be given in a separate Appendix.

Where the reader is referred to previous works by the same author(s) for important details relevant to the present work, copies or reprints of the publication should be sent with the typescript. This is of particular importance in relation to methodology.

The dates of receipt and acceptance of the paper will be published. If the paper has to be returned to the authors for revision and is not resubmitted within 1 month, the date of receipt will be revised accordingly. Papers returned by authors later than 12 months after the original submission date will be treated as new papers. For Short Communications the published date will always be that of receipt of the final version. It is emphasized that badly presented or unduly long papers will be returned for revision and delays in publication will be inevitable. Similar delays will be incurred if the typescript is not prepared strictly in accordance with the instructions detailed below.

2.2. *Full papers*

The authors should refer to a current issue of *Clinical Science* to make themselves familiar with the general layout. Concise presentation is very important for rising costs are a severe constraint on space. **The length of manuscript and the number of Figures and Tables must be kept to a minimum.** Extensive Tables of data can be deposited with the Royal Society of Medicine (see 2.5). *Guidance for Authors* is usually published in the January issue of the journal, and revised periodically.

Typescripts should be, in general, arranged as follows:

(a) *Title page.* Title: this should be as informative as possible, since titles of papers are being increasingly used in indexing and coding for information storage and retrieval. The title should indicate the species in which the observations reported have been made. The numbering of parts in a series of papers is not permitted.

List of authors' names (degrees and appointments are not required).

Laboratory or Institute of origin.

Key words: for indexing the subject of the paper; they should, if possible, be selected from the current issues of 'Medical Subject Headings' (MeSH), produced by the *Index Medicus*.

Short title: for use as a running heading in the printed text; it should not exceed forty-five characters and spaces.

Author for correspondence: the name and address of the author to whom queries and requests for reprints should be sent.

(b) *Summary.* This should be a brief statement arranged in **numbered paragraphs** of what was done, what was found and what was concluded and should rarely exceed 250 words. Contributors from non-English speaking countries are invited to include a translation of the summary in their own language. Abbreviations should be avoided as far as possible and must be defined. Statistical and methodological details including exact doses should also be avoided unless they are essential to the understanding of the summary.

(c) *Introduction.* This should contain a clear statement of the reason for doing the work, but should not include either the findings or the conclusions.

(d) *Methods.* The aim should be to give sufficient information in the text or by reference to permit the work to be repeated without the need to communicate with the author.

(e) *Results.* This section should not include material appropriate to the Discussion section.

(f) *Discussion.* This should not contain results and should be pertinent to the data presented.

(g) *Acknowledgments.* These should be as brief as possible.

(h) *References.* See p. v for the correct format.

(i) *Figures and Tables.* See p. iv.

2.3. Short Communications

The Short Communication should describe completed work, and should not be merely a preliminary communication. The format of Short Communications should be similar to that of Full Papers, but should not exceed 1200 words of text. **One Figure or Table** is allowed, but if neither is included the text may be expanded to 1400 words. The passage of Short Communications through the editorial process can frequently be expedited and contributors are encouraged to take advantage of these facilities when rapid publication is of importance and the material can be presented concisely. The paper should appear in print within 3 months of acceptance. When submitting Short Communi-

cations, authors should make it quite clear that the work is intended to be treated as a Short Communication.

2.4. Correspondence

Letters containing critical assessments of material published in *Clinical Science*, including Editorial Reviews, will be considered for the Correspondence section of the journal. Letters should be no longer than 750 words, with one Figure or Table and up to six references, or 1000 words maximum without a Figure or Table. Such letters should be sent to the Editorial Manager, *Clinical Science*, within 6 months of the appearance of the article concerned. They will be sent to the authors for comment and both the letter and any reply by the author will be published together. Further correspondence arising therefrom will also be considered for publication. Consideration will also be given to publication of letters on ethical matters.

Work submitted as a full paper or Short Communication that is assessed by the Editorial Board as unacceptable in that form might be acceptable for publication as a letter.

2.5. Arrangements for large amounts of information

It is impracticable to publish very large sets of individual values or very large numbers of diagrams, and under these circumstances a summary of the information only should be included in the paper. The information from which the summary was derived should be submitted with the typescript and, if the latter is accepted, the Editors may ask for a copy of the full information and diagrams to be deposited with the Librarian, the Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE, who will issue copies on request. Experience has shown that such requests are frequently received.

2.6. Proof corrections

These are expensive and corrections of other than printers' errors may have to be charged to the author.

2.7. Offprints

Fifty offprints are supplied free and additional copies may be obtained at terms, based upon the cost of production, that will be given with the proofs. All offprints should be ordered when the proofs are returned.

2.8. Availability on MEDLINE

Summaries of papers in *Clinical Science* are available on-line on teleprinters participating in the

MEDLINE system run by the National Library of Medicine, National Institutes of Health, Bethesda, Maryland, U.S.A.

3. MISCELLANEOUS NOTES

3.1. Abbreviations

Abbreviations should be avoided; if used they must be defined at the first mention; new abbreviations should be coined only for unwieldy names which occur frequently. Abbreviations should not appear in the title nor, if possible, in the Summary. A list of accepted abbreviations is on p. vi. Numbers, not initials, should be used for patients and subjects.

3.2. Anatomical nomenclature

This should follow the recommendations of the International Anatomical Nomenclature Committee (1966) *Nomina Anatomica*, 3rd edn, Excerpta Medica Foundation, Amsterdam.

3.3. Animals, plants and micro-organisms

The full binomial specific names should be given at first mention for all experimental animals other than common laboratory animals. The strain and, if possible, the source of laboratory animals should be stated. Thereafter in the text, single letter abbreviations may be given for the genus; if two genera with the same initial letter are studied, abbreviations such as *Staph.* and *Strep.* should be used.

3.4. Buffers and salts

The acidic and basic components should be given, together with the pH. Alternatively, a reference to the composition of the buffer should be given. Further details are provided in the *Biochemical Journal* (1978) **169**, 9.

When describing solutions containing organic anions and their parent acids, the salt designator (e.g. lactate, urate, oxalate) should be used in preference to the name of the acid (lactic, uric, oxalic) unless it is certain that virtually all of the acid is in the undissociated form.

The composition of incubation media should be described, or a reference to the composition should be given.

3.5. Computer modelling

Papers concerned primarily with computer modelling techniques are acceptable provided that use of such techniques leads to a clear choice between two or more alternative hypotheses, or to the formulation of a new hypothesis amenable to experimental challenge or verification, or provides some new insight into the behaviour of a particular

physiological system. Extensive technical details of hardware and software should not be given.

3.6. Doses

Doses of drugs should be expressed in mass terms, e.g. milligrams (mg) or grams (g), and also (in parentheses) in molar terms, e.g. mmol, mol, where this appears to be relevant. Molecular weights of many drugs may be found in *The Merck Index*, 8th edn, Merck and Co. Inc., N.J., U.S.A.

3.7. Enzymes

Nomenclature should follow that given in *Enzyme Nomenclature* (1978), Academic Press, London and New York, and Enzyme Commission (EC) number should be quoted at the first mention. Where an enzyme has a commonly used informal name, this may be employed after the first formal identification. A unit of enzyme activity should preferably be expressed as that amount of material which will catalyse transformation of 1 μ mol of the substrate/min under defined conditions, including temperature and pH. Alternatively, or when the natural substrate has not been fully defined, activity should be expressed in terms of units of activity relative to that of a recognized reference preparation, assayed under identical conditions. Activities of enzymes should normally be expressed as units/ml or units/mg of protein.

3.8. Evaluation of measurement procedures

When a new measuring procedure has been used, or when an established procedure has been applied in a novel fashion, an estimate of the precision of the procedure should be given. This should, as far as possible, indicate what sources of variation have been included in this estimate, e.g. variation of immediate replication, variation within different times of day, or from day to day etc.

If the precision of measurement varies in proportion to the magnitude of the values obtained, it can best be expressed as the coefficient of variation; otherwise it should be expressed by an estimate of the (constant) standard error of a single observation, or by estimates at several points within the range of observed values.

When recovery experiments are described the approximate ratio of the amount added to the amount already present and the stage of the procedure at which the addition was made should be stated.

3.9. Figures and Tables

These are expensive to print and their number should be kept to a minimum. Their appropriate

position in the paper should be indicated in the margin of the text. References to Figures and Tables should be in Arabic numerals, e.g. Fig. 3, and they should be numbered in order of appearance. In general, the same data should not be presented in both a Figure and a Table.

Figures, with captions attached, should be supplied as original drawings or matt photographs together with photocopies. All Figures should have their number and the authors' names written in pencil on the back; the top of the Figure should be indicated with a pencilled arrow. Acceptable symbols for experimental points are ●, ▲, ■, ○, △, □. The symbols × or + must be avoided. The same symbols must not be used for two curves where the points might be confused. For scatter diagrams, solid symbols are preferred. When a particular variable appears in more than one Figure, the same symbol should be used for it throughout, if possible.

Curves should not be drawn beyond the experimental points, nor should axes extend appreciably beyond the data. Only essential information that cannot readily be included in the legend should be written within the Figure.

Figures for half-tone reproduction should be submitted as glossy prints. They are particularly expensive to print and their use should be avoided as far as possible.

Tables should be typed separately from the text. They should have an underlined title followed by any legend.

Captions for the Figures, and titles and legends for the Tables, should make them **readily understandable** without reference to the text. Adequate statistical information, including that on regression lines, should be included in Figure captions where appropriate.

3.10. Footnotes

These should be avoided as far as possible but where they are used in Tables they should be identified by the symbols * † ‡ § || ¶, in that order.

3.11. Isotope measurements

The information given should include (a) conditions of radioactivity counting, e.g. infinitely thick, infinitely thin; (b) the nature of the phosphor used in liquid-scintillation counting; (c) details of corrections made to the observed count rate, e.g. for 'quenching' or 'cross-over'; (d) standard deviation of the results or a statement of the minimum total counts above background collected and the background value.

In general the specific radioactivity of the starting materials should be given, preferably in terms of radioactivity per unit weight or, for stable isotopes, as atoms % excess.

Pending the general introduction of SI units radioactivity should continue to be expressed in terms of the curie (Ci) followed by the corresponding figure in terms of the becquerel (Bq: disintegrations/s), in parentheses, and suitably rounded.

3.12. Radionuclide applications in man

If new or modified radionuclide applications in man are described, an estimate of the maximal possible radiation dose to the body and critical organs should be given.

For the time being this can continue to be expressed in rems, but with the corresponding figure in sieverts (Sv) given in parentheses after it.

3.13. Methods

In describing certain techniques, namely centrifugation (when the conditions are critical), chromatography and electrophoresis, authors should follow the recommendations published by the Biochemical Society (currently, *Biochemical Journal* (1981) 193, 1-21).

3.14. Nomenclature of disease

This should follow the *International Classification of Disease* (8th revision, World Health Organization, Geneva, 1969) as far as possible.

3.15. Powers in Tables and Figures

Care is needed where powers are used in Table headings and in Figures to avoid numbers with an inconvenient number of digits. For example: (i) an entry '2' under the heading 10^3k means that the value of k is 0.002; an entry '2' under the heading $10^{-3}k$ means that the value of k is 2000. (ii) A concentration 0.00015 mol/l may be expressed as 0.15 under the heading 'concn. (mmol/l)' or as 150 under the heading 'concn. (μ mol/l)' or as 15 under the heading ' $10^5 \times$ concn. (mol/l)', but not as 15 under the heading 'concn. (mol/l $\times 10^{-5}$)'.

3.16. References

The numerical citation system is now used: references in the text are numbered consecutively in the order in which they are first mentioned, the numerals being given in brackets, e.g. [22]. References cited in Figure legends or Tables only should be numbered in a sequence determined by the position of the first mention in the text of the Figure or Table. References should be listed in

numerical order and the names of all authors of a paper should be given, with the full title of the paper and the source details in full including the first and last page numbers, e.g.

- [2] CLARK, T.J.H., FREEDMAN, S., CAMPBELL, E.J.M. & WINN, B.R. (1969) The ventilatory capacity of patients with chronic airways obstruction. *Clinical Science*, **36**, 307–316.

When the quotation is from a book, the following format should be used, giving the relevant page or chapter number:

- [20] MOLLISON, P.L. (1967) *Blood Transfusion in Clinical Medicine*, 4th edn, p. 50. Blackwell Scientific Publications, Oxford.
- [22] REID, L. (1968) In: *The Lung*, p. 87. Ed. Liebow, A.A. & Smith, D.E. Williams and Wilkins, Baltimore.

References to 'personal communications' and 'unpublished work' should appear in the text only and not in the list of references. The name and initials of the source of information should be given. When the reference is to material that has been accepted for publication but has not yet been published, this should be indicated in the list of references by 'In press' together with the name of the relevant journal and, if possible, the expected date of publication. If such a citation is of major relevance to the manuscript submitted for publication authors are advised that the editorial process might be expedited by the inclusion of a copy of such work. In the case of quotations from personal communications the authors should state in the covering letter that permission for quotation has been obtained.

3.17. Solutions

Concentration of solutions should be described where possible in molar terms (mol/l and subunits thereof), stating the molecular particle weight if necessary. Values should not be expressed in terms of normality or equivalents. Mass concentration should be expressed as g/l or subunits thereof, for example mg/l or $\mu\text{g/l}$. For solutions of salts, molar concentration is always preferred to avoid ambiguity as to whether anhydrous or hydrated compounds are used. Concentrations of aqueous solutions should be given as mol/l or mol/kg (g/l or g/kg if not expressed in molar terms) rather than % (w/v) or % (w/w). It should always be made clear whether concentrations of components in a reaction mixture are final concentrations or the concentrations in solutions added.

3.18. Spectrophotometric data

The term 'absorbance' [$\log(I_0/I)$] should be used rather than 'optical density' or 'extinction'. The

solvent, if other than water, should be specified. Symbols used are: A , absorbance; a , specific absorption coefficient ($\text{litre g}^{-1} \text{cm}^{-1}$) (alternatively use $A_{1\text{cm}}^{1\%}$); ϵ , molar absorption coefficient (the absorbance of a molar solution in a 1 cm light-path) ($\text{litre mol}^{-1} \text{cm}^{-1}$, not $\text{cm}^2 \text{mol}^{-1}$).

3.19. Spelling

Clinical Science uses as standards for spelling the *Concise or Shorter Oxford Dictionary of Current English* (Clarendon Press, Oxford) and *Butterworth's Medical Dictionary* (Butterworths, London).

3.20. Statistics

Papers are frequently returned for revision (and their publication consequently delayed) because the authors use inappropriate statistical methods. Two common errors are the use of means, standard deviations and standard errors in the description and interpretation of grossly non-normally distributed data and the application of t -tests for the significance of difference between means in similar circumstances, or when the variances of the two groups are non-homogeneous. In some circumstances it may be more appropriate to provide a 'scattergram' than a statistical summary.

A reference should be given for all methods used to assess the probability of a result being due to chance. The format for expressing mean values and standard deviations or standard errors of the mean is, for example: mean cardiac output 10.4 l/min (SD 1.2; $n = 11$). Degrees of freedom should be indicated where appropriate. Levels of significance are expressed in the form $P < 0.01$.

3.21. Trade names

The name and address of the supplier of special apparatus and of biochemicals should be given. In the case of drugs, approved names should always be given with trade names and manufacturers in parentheses.

4. UNITS: THE SI SYSTEM

The recommended *Système International* (SI) units [see *Quantities, Units and Symbols*, 2nd edn (1975) The Royal Society, London] are used by *Clinical Science*. All papers submitted should use these units except for blood pressure values, which should be expressed in mmHg, or gas tensions, where values at the author's discretion may be given as mmHg (with kPa in parentheses) or as kPa (with mmHg in parentheses) in the text and either as mmHg or as kPa in Figures, which (if practicable) should have scales in both units. Airways pressure should be expressed in kPa. Where molecular weight is known, the amount of a chemical or drug should be expressed in mol or in

an appropriate subunit, e.g. mmol. Energy should be expressed in joules (J).

The basic SI units and their symbols are as follows:

Physical quantity	Name	Symbol
length	metre	m
mass	kilogram	kg
time	second	s
electric current	ampere	A
thermodynamic temperature	kelvin	K
luminous intensity	candela	cd
amounts of substance	mole	mol

The following are examples of derived SI units:

Physical quantity	Name	Symbol	Definition
energy	joule	J	$\text{kg m}^2 \text{s}^{-2}$
force	newton	N	$\text{kg m s}^{-2} = \text{J m}^{-1}$
power	watt	W	$\text{kg m}^2 \text{s}^{-3} = \text{J s}^{-1}$
pressure	pascal	Pa	$\text{kg m}^{-1} \text{s}^{-2} = \text{N m}^{-2}$
electric charge	coulomb	C	A s
electric potential difference	volt	V	$\text{kg m}^2 \text{s}^{-2} \text{A}^{-1} = \text{J A}^{-1} \text{s}^{-1}$
electric resistance	ohm	Ω	$\text{kg m}^2 \text{s}^{-3} \text{A}^{-2} = \text{V A}^{-1}$
electric conductance	siemens	S	$\text{kg}^{-1} \text{m}^{-2} \text{s}^3 \text{A}^2 = \Omega^{-1}$
electric capacitance	farad	F	$\text{A}^2 \text{s}^3 \text{kg}^{-1} \text{m}^{-2} = \text{A s V}^{-1}$
frequency	hertz	Hz	s^{-1}
volume	litre	l	10^{-3}m^3

The word 'litre' has been accepted as a special name for cubic decimetre (1 litre = 1 dm³).

Both the basic and derived SI units, including the symbols of derived units that have special names, may be preceded by prefixes to indicate multiples and submultiples. The prefixes should be as follows:

	Prefix	Symbol	Multiple	Prefix	Symbol
10 ⁶	mega	M	10 ³	milli	m
10 ³	kilo	k	10 ⁻⁶	micro	μ
10 ²	hecto	h*	10 ⁻⁹	nano	n
10	deka	da	10 ⁻¹²	pico	p
10 ⁻¹	deci	d*	10 ⁻¹⁵	femto	f
10 ⁻²	centi	c*			

* To be avoided where possible (except for cm).

Compound prefixes should not be used, e.g. 10⁻⁹ m should be represented by 1 nm, not 1 m μ m.

Notes:

(i) Full stops are not used after symbols.

(ii) Minutes (min), hours (h), days and years will continue to be used in addition to the SI unit of time [the second (s)].

(iii) The solidus may be used in a unit as long as it does not have to be employed more than once,

e.g. mmol/l is acceptable, but ml/min/kg is not, and should be replaced by ml min⁻¹ kg⁻¹.

5. ABBREVIATIONS, CONVENTIONS, DEFINITIONS, SYMBOLS AND SPECIAL COMMENTS

As well as standard symbols and abbreviations that have been accepted by international bodies, and which can be used without definition, this list shows selected abbreviations in the form of groups of capital letters (e.g. ALA, ECF, MCHC) which when used must be defined in the text as indicated on p. iv. The standard abbreviations for amino acids are only for use in Figures and Tables or for peptide sequences.

absorbance	A
acceleration due to gravity	g
adenosine 3':5'-cyclic monophosphate	cyclic AMP
adenosine 5'-phosphate	AMP
adenosine 5'-pyrophosphate	ADP
adenosine 5'-triphosphate	ATP
adenosine triphosphatase	ATPase
adrenocorticotrophic hormone	ACTH
adrenoceptor (see also blocking agents)	
alanine	Ala
alternating current	a.c.
alveolar minute ventilation	\dot{V}_A
alveolar to arterial oxygen tension difference	($P_{A,O_2} - P_{a,O_2}$)
ampere	A
aminolaevulinic acid	ALA
angiotensin	ANG; reference amino acid abbreviations are used as prefix within brackets: e.g. [Sar ¹ , Val ² , Ala ⁸]ANG
Ångstrom (Å)	not used; express in nm (1 Ångstrom = 10 ⁻¹ nm)
antidiuretic hormone	ADH (when referring to the physiological secretion)
arginine	Arg
arteriovenous	a-v: permitted in Figures and Tables
asparagine	Asn
aspartic acid	Asp
atmosphere (unit of pressure)	not used; express in kPa (1 atmosphere = 101.325 kPa)
atomic weight	at. wt.
becquerel	Bq (1 d.p.s.)
blocking agents	e.g. β -adrenoceptor antagonists preferred
blood pressure	express in mmHg
blood urea nitrogen	not used; recalculate as urea, express in mmol/l
blood volume	BV
body temperature and pressure, saturated	BTPS

British Pharmacopoeia	write in full and give edition	electromotive force	e.m.f.
calculated	calc. (in Tables only)	electron spin resonance	e.s.r.
'Calorie' (= 1000 cal)	<i>not used</i> ; recalculate as kilojoules (1 'Calorie' = 4.184 kJ)	electronvolt	eV (for radiation energies)
carbon dioxide output (in respiratory physiology)	\dot{V}_{CO_2} ; express in ml STP/min	equation	eqn.
cardiac frequency	f_c ; in beats/min	equivalents (amount of a chemical)	<i>not used</i> ; recalculate in molar terms
cardiac output	express in l/min	erythrocyte count	express as 10^{12} cells/l
centimetre	cm	erythrocyte sedimentation rate	ESR
clearance of x	C_x	ethanol, ethanolic	not ethyl alcohol or alcoholic
coenzyme A and its acyl derivatives	CoA and acyl-CoA	ethylenediaminetetra-acetate	EDTA
compare	cf.	exchangeable	Na_x , K_x etc., for total exchangeable sodium, potassium etc.
complement fractions	C1–C9	Experiment (with reference numeral)	Expt.; plural, Expts.
compliance (respiratory physiology)	C; express in 1 kPa^{-1}	expired minute ventilation	\dot{V}_E
concentrated	conc.	extinction	<i>use</i> absorbance
concentration	concn.; may be denoted []; e.g. plasma $[\text{HCO}_3^-]$	extracellular fluid	ECF
conductance (respiratory physiology)	G; express in $1 \text{ s}^{-1} \text{ kPa}^{-1}$	extracellular fluid volume	ECFV
correlation coefficient	r; may be used without definition	extraction ratio of x (renal)	E_x
counts/min, counts/s	c.p.m., c.p.s.	Figure (with reference numeral)	Fig.; plural, Figs.
cubic centimetres	<i>use</i> ml	filtered load of x (renal)	F_x
curie	Ci ($1 \text{ Ci} = 3.7 \times 10^{10}$ d.p.s.)	follicle-stimulating hormone	F $\dot{\text{S}}\text{H}$
cycle/s	Hz	forced expiratory volume in 1.0 s	FEV _{1.0}
cysteine	Cys	fractional concentration in dry gas	F
dates	e.g. 11 August 1970	fractional disappearance rate	k (as in $A = A_0 e^{-kt}$)
dead-space minute ventilation	\dot{V}_D	frequency of respiration	f_R ; in breaths/min
dead-space volume	V_D	functional residual capacity	FRC
degrees, Celsius or centigrade	$^\circ\text{C}$	gas-liquid chromatography	g.l.c.
deoxy (prefix)	<i>not</i> desoxy	gas transfer factor	T; in $\text{mmol min}^{-1} \text{ kPa}^{-1}$
deoxycorticosterone	DOC	glomerular filtration rate	GFR
deoxycorticosterone acetate	DOCA	glutamic acid	Glu
deoxyribonucleic acid	DNA	glutamine	Gln
dialysate	diffusate preferred; 'dialysate' should be clearly defined	glutathione	GSH (reduced); GSSG (oxidized)
diethylaminoethylcellulose	DEAE-cellulose	glycine	Gly
differential of x with respect to time	\dot{x} (= dx/dt)	gram(me)	g
1,25-dihydroxycholecalciferol	1,25-(OH) ₂ D ₃	gravitational field, unit of (9.81 m s^{-2})	g
dilute	dil.	growth hormone	GH; if human, HGH
2,3-diphosphoglycerate	2,3-DPG	guery	Gy (100 rads)
direct current	d.c.	haematocrit	<i>not allowed</i> ; <i>use</i> packed cell volume (PCV)
disintegrations/min	d.p.m.	haemoglobin	Hb; express in g/dl
disintegrations/s	d.p.s.	half-life	$t_{1/2}$
dissociation constant		hertz (s^{-1})	Hz
acidic	K_a	histidine	His
basic	K_b	hour	h
apparent	e.g. K'_a	human chorionic gonadotropin	HCG
minus log of	pK	human placental lactogen	HPL
doses	avoid Latin designations such as b.d. and t.i.d.	hydrocortisone	<i>use</i> cortisol
dyne	dyn; used for vascular resistance	hydrogen ion activity minus log of	aH; express in nmol/l
elastance	E; express in Pa m^{-3}	25-hydroxycholecalciferol	pH
electrocardiogram	ECG	hydroxyproline	25-(OH)D ₃
electroencephalogram	EEG	immunoglobulins	Hyp
			IgA, IgD, IgE, IgG, IgM

injection routes:	use abbreviations only in Figures	millimetre of mercury	mmHg; for blood pressure and, at authors' discretion, for gas tensions: see p. vi (1 mmHg = 0.133 kPa)
intra-arterial	i.a.		
intramuscular	i.m.		
intraperitoneal	i.p.		
intravenous	i.v.	millimolar (concentration)	mmol/l; <i>not</i> mM
subcutaneous	s.c.	millimole	mmol
international unit	i.u. (definition and reference should be given for uncommon or ambiguous applications, e.g. enzymes)	minimum	min.
		minute (60 s)	min
		molal	mol/kg
		molar (concentration)	mol/l; <i>not</i> M
		molar absorption coefficient	ϵ (the absorbance of a molar solution in a 1 cm light-path)
intracellular fluid	ICF		mol
intracellular fluid volume	ICFV	mole	mol. wt.
ionic strength	<i>I</i>	molecular weight	NAD if oxidation state not indicated
isoleucine	Ile	nicotinamide-adenine dinucleotide	NAD ⁺ if oxidized
isotonic	<i>not used</i> ; specify composition of fluid, e.g. NaCl, 150 mmol/l		NADH if reduced
			NADP if oxidation state not indicated
isotopically labelled compounds	e.g. [U- ¹⁴ C]glucose, [^{1-¹⁴C}]glucose, sodium [1- ¹⁴ C]-acetate; use ¹³³ I-labelled albumin, <i>not</i> [¹³³ I]albumin for simple molecules: ¹⁴ CO ₂ , ³ H ₂ O	nicotinamide-adenine dinucleotide phosphate	NADP ⁺ if oxidized
			NADPH if reduced
		normal	should not be used to denote the concentration or osmolarity of a solution
joule	J	normal temperature and pressure	<i>use</i> standard temperature and pressure (STP)
kilogram(me)	kg		
kilopond	<i>not used</i> ; 1 kilopond = 9.8067 N	nuclear magnetic resonance number (in enumerations)	n.m.r.
lactate dehydrogenase	LDH	observed	no. (in Tables only)
leucine	Leu	ohm	obs. (in Tables only)
leucocyte count	express as 10 ⁹ cells/l	ornithine	Ω
lipoproteins (serum)		ortho-	Orn
high density	HDL	orthophosphate (inorganic)	<i>o-</i>
low density	LDL	osmolarity	<i>P</i> ₁
very low density	VLDL		express in osmol (or mosmol)/l
litre	l (write in full if confusion with the numeral 1 is possible)	oxygen uptake per minute (in respiratory physiology)	$\dot{V}O_2$; express in ml STP/min
logarithm (base 10)	log	packed cell volume	PCV
logarithm (base e)	ln	page, pages	p., pp.
luteinizing hormone	LH	para-	<i>p-</i>
lysine	Lys	para-aminohippurate	PAH
maximum	max.	partial pressure	<i>P</i> ; express in either kPa or mmHg (see p. vi)
mean corpuscular haemoglobin	MCH; express in pg		<i>P</i> AO ₂
mean corpuscular haemoglobin concentration	MCHC; express in g/dl	e.g. alveolar, of O ₂	<i>P</i> aCO ₂
mean corpuscular volume	MCV; express in fl (1 $\mu\text{m}^3 = 1 \text{ fl}$)	arterial, of CO ₂	<i>P</i> capO ₂
		capillary, of O ₂	<i>P</i> vCO ₂
		mixed venous, of CO ₂	<i>P</i> a
median lethal dose	LD ₅₀	pascal	/
meta-	<i>m-</i>	per	%
melting point	m.p.	per cent	<i>not used</i> ; <i>use</i> light petroleum and give boiling range
methanol, methanolic	<i>not</i> methyl alcohol	petroleum ether	
methionine	Met		Phe
metre	m	phenylalanine	express as pmol of angiotensin I h ⁻¹ ml ⁻¹
Michaelis constant	<i>K</i> _m	plasma renin activity	
micromole	μmol		PV
micron (10 ⁻⁶ m)	μm ; <i>not</i> μ	plasma volume	1 poise = 10 ⁻¹ N s m ⁻²
milliequivalent	<i>not used</i> ; give amount in mmol	poise	
millilitre	ml		

potential difference	p.d.	specific conductance of airways	sGaw; express in $s^{-1} \text{ kPa}^{-1}$
power output	W ($1 \text{ W} = 0.1635 \text{ kpm/min}$)	standard deviation	SD } may be used SEM } without definition
precipitate	ppt.	standard error of the mean	
pressure	P; express in kPa (except for blood pressures and gas tensions: see p. 6); $1 \text{ kPa} = 7.5 \text{ mm Hg}$	standard temperature and pressure	STP
probability of an event being due to chance alone	P	steroid nomenclature	see <i>Biochemical Journal</i> (1969) 113, 5–28; (1972) 127, 613–617
proline	Pro	sulphydryl	use thiol or SH
protein-bound iodine (plasma)	PBI	sum	Σ
pulmonary capillary blood flow	\dot{Q}_c	Svedberg unit	S
pyrophosphate (inorganic)	PPi	temperature (absolute)	T
rad (radiation dose; $10^{-5} \text{ J absorbed/g of material}$)	not abbreviated ($100 \text{ rads} = 1 \text{ Gy}$)	(empirical)	t
red blood cell	use erythrocyte; express counts as 10^{12} cells/l	temperature, thermodynamic	$^{\circ}\text{K}$
red cell mass	RCM	thin-layer chromatography	t.l.c.
relative band speed (partition chromatography)	R_F	threonine	Thr
rem	$100 \text{ ergs/g} \times \text{quality factor}$	thyrotrophic hormone	TSH
renin	see plasma renin activity	thyrotrophin-releasing hormone	TRH
residual volume	RV	tidal volume	V_T
resistance (rheological)	R; express in $\text{kPa l}^{-1} \text{ s}$	time (symbol)	t
respiratory exchange ratio (pulmonary)	R	time of day	e.g. 18.15 hours
respiratory quotient (metabolic)	RQ	torr	not used; use kPa ($1 \text{ torr} = 0.133 \text{ kPa}$)
revolutions	rev.	total lung capacity	TLC
rev./min	not r.p.m.; use g if possible (see p. viii)	tryptophan	Trp
ribonucleic acid	RNA	tubular maximal reabsorptive capacity for x	$T_{m,x}$
röntgen	R	tyrosine	Tyr
saline	define at first mention [e.g. NaCl solution (154 mmol/l)]	ultraviolet	u.v.
saturation	S, e.g. S_{a,O_2} for arterial oxygen saturation (see partial pressure for other analogous abbreviations)	urinary concentration of x	U_x
second (time)	s	valency	e.g. Fe^{2+} , not Fe^{++}
serine	Ser	valine	Val
sievert	Sv ($1 \text{ J/kg} \times \text{quality factor}$)	variance ratio	F
solvent systems	e.g. butanol/acetic acid/water (4:1:1, by vol.), butanol/acetic acid (4:1, v/v)	vascular resistance	express in $\text{kPa l}^{-1} \text{ s}$ (with value in dyn s cm^{-5} in parentheses); primary values of differential vascular pressure (mmHg) and flow (l/min) should always also be given in Tables or text as appropriate
species	sp., plural spp.	velocity	v; express as m s^{-1}
specific activity	sp. act. Confusion must be avoided between e.g. specific radioactivity and the specific activity of an enzyme	venous admixture	\dot{Q}_{va}
		veronal	used only for buffer mixtures; otherwise use 5,5'-diethylbarbituric acid
		viscosity, dynamic	η
		viscosity, kinematic	ν
		vital capacity	VC
		volt	V
		volume of blood (in cardio-respiratory physiology)	Q; use \dot{Q} for blood flow rate
		watt	W
		wavelength	λ
		weight	wt.
		white blood cell	use leucocyte; express counts as 10^9 cells/l

- Hypertension** (*continued*)
 essential 151–155, 307–309
 ethnic differences 1–6*
 experimental 361–366, 573–579
 Goldblatt 361–366, 573–579
 isometric exercise 307–309
 mortality 1–6*
 platelet noradrenaline 151–155
 potassium 1–6*, 117
 sodium 1–6*, 117
 vasopressin 143–149
 whites and blacks 1–6*
- Hyperthermia, anorexia nervosa** 677–682
- Hypertriglyceridaemia, C-apoproteins** 125–129*
- Hypertriglyceridaemia, very-low-density lipoprotein** 93–100
- Hypoglycaemia, β -adrenoceptor blockade** 131–136
- Hyponatraemia, frusemide and renal water excretion** 235–238
- α -L-Iduronidase, leucocytes and fibroblasts** 193–201
- Indomethacin**
 captopril 611–615
 dopamine excretion 209–213
 sodium chloride excretion 27–33, 209–213
 Goldblatt hypertension 361–366
- Inflation reflex, pulmonary, heart rate** 163–167
- Inheritance**
 essential hypertension 151–155
 lipoprotein receptor activity 397–401
- Insulin**
 biosynthesis 449–455*
- Interstitial fluid volume** 43–49
- Intestine, small**
 absorption 617–626
 hydrolysis of PABA-peptide 557–560
 muscarinic cholinergic receptors 203–207
- Intracellular fluid volume** 43–49
- Iron**
 overload 529–540
 uptake 529–540
- Ischaemic heart disease** 119–123*
- Isoenzyme subforms, aspartate aminotransferase** 337–339
- Isoferritins, iron overload** 529–540
- Isometric exercise, hypertension** 307–309
- Jaundice**
 erythrocyte membrane permeability 101–107
 renal function 431–433
- Kallikrein, Goldblatt hypertension** 361–366
- Ketones, obesity** 77–81
- 6-Keto-prostaglandin E₁ and F_{1 α} , platelet aggregation** 177–181
- Kidney**
 acute failure 35–41
 albuminuria 495–502
 bile acids 431–433
 blood flow 169–176, 255–259*, 573–579
 chronic failure 479–488, 489–494, 561–562
 denervation 457–464
 1,25-dihydroxycholecalciferol 427–429
 dopamine 439–448*
 haemodynamics 457–464
 indomethacin 27–33
 β_2 -microglobulin catabolism 403–410
 renin 157–162
 thyroxine deiodination 215–220
 vascular resistance 573–579
- Kidney, parathyroid hormone in vitamin D deficiency** 381–387
- Kidney, tubular absorption**
 bicarbonate 667–676
 calcium 503–508
 glucose 667–676
- Kinetics, urea, glucose and alanine** 553–556
- Lactate, hepatocyte uptake** 411–420
- Lactate infusion, β -adrenoceptor blockade** 131–136
- Leucine, metabolism in cirrhosis** 285–293
- Leucocyte**
 δ -aminolaevulinic acid synthase 183–191
 α -L-iduronidase 193–201
 sodium transport 563–564
- Lipids, membrane** 101–107
- Lipoprotein lipase, 93–100**
- Lipoproteins**
 cholesterol transport 261–271*
 high density 125–129*
 hypertriglyceridaemia 93–100
 low-density 397–401
 receptor activity 397–401
 very-low density 93–100, 125–129*
- Liver**
 body temperature and vascular exclusion 273–277
 glutathione 279–283
- Liver damage**
 experimental 65–70
 regeneration 295–297
- Liver disease**
 alcoholic cirrhosis 109–111
 cirrhosis 109–111, 285–293, 683–686
 experimental 65–70
 photoreceptor dysfunction 109–111
 zinc deficiency 109–111
- Load detection, breathing** 367–372
- Lumbar spine, osteoporosis bone mineral** 329–336
- Lung, alveolar gas mixing efficiency** 541–547

- α_2 -Macroglobulin, combination with elastase 321-328
 Magnesium, urinary 17-19
 Mast cell mediators 661-665
 Meclofenamate, blood flow regulation 169-176
 Menstrual cycle, haem biosynthesis 183-191
 Metabolism, brain 567-572*
 3-Methylhistidine, liver cirrhosis 683-686
 β_2 -Microglobulin, plasma protein binding 403-410
 Microspheres, renal blood flow 35-41
 Mineralocorticoids, salt retention in bile-duct ligation 65-70
 Mononuclear cells, low-density lipoprotein receptor activity 397-401
 Motilin, bile salt 651-659
 Mucociliary transport 13-16
 Mucus-bicarbonate barrier 343-348*
 Muscarinic cholinergic receptors, intestinal and pancreatic 203-207
 Muscle chemistry, undernutrition and sepsis 83-91
 Muscle fibres, knee injury 227-234
 Muscle protein, liver cirrhosis 683-686
 Muscular dystrophy, purine nucleotide profile 113-115
 Myeloma, apolipoprotein C-II deficiency 93-100
 Myocardial infarction 119-123*, 243-245
 Myotonic dystrophy, abnormal bile acids 627-642

 Nasal mucosa, mucociliary transport 13-16
 Natriuresis, saralasin 573-579
 Neck chamber 581-588
 Needle biopsy, muscle 83-91
 Negative pressure, lower body 51-56
 Neostigmine, baroreflex responsiveness 581-588
 Nephrotoxicity, bile acids 431-433
 Neuromuscular disease, thoracoabdominal movements 7-11*
 Neutron activation analysis, calcium 389-396
 Nitrogen metabolism
 glutamine 299-305
 α -oxoisocaproate 285-293
 Nitrogen washout, alveolar gas mixing 541-547, 549-551
 Noise, blood pressure and stress hormones 137-141
 Noradrenaline
 congestive heart failure 465-469
 noise stimulation 137-141
 plasma kinetics 247-254*
 platelet release 151-155
 Nutrition, muscle intracellular amino acids 85-91

 Obesity, fasting and alanine and 3-hydroxybutyrate 77-81
 (+)-Octanoylcarnitine, hepatic deoxyribonucleic acid synthesis 295-297
 Oedema
 congestive heart failure 465-469
 cor pulmonale 255-259*
 diuretics and renal water excretion 235-238
 exercise 595-604
 Osteomalacia, secondary hyperparathyroidism 381-387
 Osteoporosis
 bone mineral content 329-336
 calcium balance and sex hormones 221-226
 parathyroid hormone 389-396
 α -Oxoisocaproate, amino acid and nitrogen metabolism 285-293

 PABA-peptide, intestinal non-pancreatic hydrolysis 557-560
 Pancreas, muscarinic cholinergic receptors 203-207
 Pancreatic elastase, acute pancreatitis 321-328
 Pancreatic function
 duodenal bile salt 651-659
 PABA-peptide hydrolase 557-560
 Pancreatic polypeptide, bile salt 651-659
 Pancreatitis, plasma elastase 321-328
 Parasympathetic nervous system, small intestine and pancreas 203-207
 Parathyroid hormone
 kidney and vitamin D deficiency 381-387
 osteoporosis 389-396
 Peptides, intestinal absorption 617-626
 pH
 distal tubule 667-676
 hepatocyte lactate uptake 411-420
 Phenylephrine, baroreceptor sensitivity 581-588
 Phosphataemia, renal tubular absorption 503-508
 Phosphate, X-linked hypophosphataemia 503-508
 Photoreceptor dysfunction, chronic liver disease 109-111
 Plasma membrane, lactate uptake 411-420
 Plasma renin activity
 active renin 435-437
 hypertension 1-6*, 43-49
 intravascular coagulation 35-41
 renal failure 667-676
 Plasma volume 43-49, 595-604
 Platelets
 adhesiveness 239-242
 aggregation 177-181, 239-242
 noradrenaline in hypertension 151-155

- Porphyrin, haem biosynthesis and menstrual cycle 183-191
 Posture
 heart rate 57-64
 subcutaneous blood flow 605-609
 Potassium
 aldosterone 373-380
 excretion 471-477
 hypertension 1-6*, 117
 Prolactin, noise stimulation 137-141
 Propranolol
 baroreflex responsiveness 581-588
 diabetic subjects 131-136
 Prostacyclin, platelet anti-aggregatory activity 177-181
 Prostaglandin E, urinary excretion 27-33
 Prostaglandins
 blood flow regulation 169-176
 captopril 611-615
 cytoprotection 343-348*
 dopamine excretion 209-213
 gastric mucosa 343-348*
 Goldblatt hypertension 361-366
 platelet aggregation 239-242
 Proteins
 plasma 403-410
 muscle 683-686
 turnover 299-305, 403-410
 Proteinuria, experimental 495-502
 Pulmonary vascular resistance, cor pulmonale 255-259*
 Purine nucleotides, muscular dystrophy 113-115

 Radioimmunoassay
 angiotensinogen 355-360
 1,25-dihydroxycholecalciferol 427-429
 Receptors, lipoprotein, blood mononuclear cells 397-401
 Renal failure
 acute 35-41
 chronic 479-488, 489-494
 Renal tubules
 absorption 503-508, 667-676
 deiodination of thyroxine 215-220
 Renin
 congestive heart failure 465-469
 dopamine 439-448*
 exercise 595-604
 inactive 435-437
 low-renin hypertension 1-6*
 renal molecular-weight conversion 157-162
 thrombin 35-41
 Renin-angiotensin system
 intravascular coagulation 35-41
 sympathetic reflexes 51-56
 Renin-binding substance, kidney 157-162

 Rheumatoid arthritis, fibronectin 71-76
 R-R interval, posture 57-64

 Saralasin, renal function 573-579
 Secretin, bile salt 651-659
 Sepsis, muscle intracellular amino acids 83-91
 Sex hormones, calcium balance in osteoporosis 221-226
 Signal Detection Theory, breathing 367-372
 Single breath test, alveolar gas mixing 541-547
 Skin blood flow
 subatmospheric pressure 243-245
 tetraplegia 605-609
 Sleep apnoea, heart rate 163-167
 Sodium
 aldosterone 373-380
 balance 595-604
 bile-duct ligation 65-70
 dopamine 439-448*
 erythrocyte permeability 101-107
 hypertension 1-6*, 117
 hyponatraemia 235-238
 prostaglandins 27-33
 transport 489-494
 Sodium chloride excretion
 blood volume expansion 457-464
 dietary sodium 471-477
 indomethacin 209-213
 prostaglandins 27-33
 Sodium chloride loading
 hypernatraemia 471-477
 renal blood flow 35-41
 tubular function 667-676
 Sodium taurocholate, duodenal perfusion 651-659
 Sodium urate, calcium oxalate crystal growth 509-515
 Spine, osteoporosis bone mineral 329-336
 Spleen, blood flow 169-176
 Stomach, mucosal protection 343-348*
 Stress
 hypertension 1-6*
 noise 137-141
 Stress hormones, noise stimulation 137-141
 Subatmospheric pressure
 lower body 51-56
 skin blood flow 243-245
 Substrate specificity, α -L-iduronidase 193-201
 Sulphydryl groups, molecular-weight conversion of renin 157-162
 Sympathetic nervous system
 angiotensin 51-56
 assessment of function 247-254*
 noradrenaline plasma kinetics 247-254*
 vascular reflexes 51-56, 605-609
 Synovial fluid, fibronectin 71-76

- Tamm-Horsfall glycoprotein, urinary excretion 21-26
- Tetraplegia, subcutaneous blood flow 605-609
- Thermoregulation, anorexia nervosa 677-682
- Thiol groups, molecular-weight conversion of renin 157-162
- Thoracoabdominal movements, breathing 7-11*
- Thyroxine, glucocorticoids and renal deiodination 215-220
- Tidal volume, thoracoabdominal movements 7-11*
- Tomography, cerebral blood flow 567-572*
- Transport
 erythrocyte sodium 489-494
 hepatocyte lactate uptake 411-420
 plasma cholesterol 261-271*
 polymorphonuclear leucocytes 563-564
 renal 503-508
 sodium 563-564
- Transporters, hepatocyte lactate uptake 411-420
- Triglyceride-rich lipoproteins, metabolism 125-129*
- 3,5,3'-Tri-iodothyronine, glucocorticoids and renal formation 215-220
- Trypsin, bile salt 651-659
- Twins, heritability of lipoprotein receptor activity 397-401
- Ultrasonography, quadriceps femoris 227-234
- Uraemia, oral 1,25-dihydroxycholecalciferol 427-429
- Urate, urinary calcium oxalate 421-425, 509-514
- Urea, kinetics and glucose 553-556
- Uric acid, calcium oxalate crystal growth 509-514
- Urine
 albumin 495-502
 calcium oxalate 17-19, 421-425, 509-514
 crystal formation 17-19, 421-425
 glycoprotein 21-26
 macromolecules 509-514
 oxalate 17-19, 421-425
- Ursodeoxycholic acid, myotonic dystrophy 627-642
- Vagotomy
 breathing and exercise ability 311-319
 muscarinic cholinergic receptors of intestine and pancreas 203-207
- Vagus nerve, sleep apnoea and heart rate 163-167
- Vascular resistance, renal 573-579
- Vasoconstriction
 captopril inhibition 565-566
 posture in tetraplegia 605-609
 sympathetic reflex 51-56
- Vasopressin, angiotensin 143-149, 341-342
- Veno-arteriolar reflex
 myocardial infarction 243-245
 posture in tetraplegia 605-609
- Ventilation, distribution 549-551
- Vitamin D deficiency, secondary hyperparathyroidism 381-387
- Volume expansion, renal denervation 457-464
- von Willebrand factor, physiological inhibition 239-242
- Water, total body 43-49
- Zinc deficiency, chronic liver disease 109-111